

CARSON CITY BOARD OF HEALTH
Minutes of the December 1, 2011 Meeting

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A meeting of the Carson City Board of Health was held during the regularly scheduled Carson City Board of Supervisors meeting on Thursday, December 1, 2011 in the Community Center Sierra Room, 851 East William Street, Carson City, Nevada.

PRESENT: Chairperson Susan Pintar
Vice Chairperson Robert Crowell
Member Karen Abowd
Member Shelly Aldean
Member Ken Furlong
Member John McKenna
Member Molly Walt

STAFF: Larry Werner, City Manager
Alan Glover, Clerk - Recorder
Marena Works, Health and Human Services Department Director
Randal Munn, Chief Deputy District Attorney
Kathleen King, Deputy Clerk / Recording Secretary

NOTE: A recording of these proceedings, the board's agenda materials, and any written comments or documentation provided to the recording secretary during the meeting are part of the public record. These materials are on file in the Clerk's Office, and available for review during regular business hours.

14. CALL TO ORDER AND ROLL CALL (9:36:40) - Chairperson Pintar called the meeting to order at 9:36 a.m. Mr. Glover called the roll; a quorum was present, including Member Ken Furlong.

15. POSSIBLE ACTION ON APPROVAL OF MINUTES - June 16, 2011 and September 15, 2011 (9:37:14) - Member Aldean moved to approve minutes, as presented. Member Walt seconded the motion. Motion carried 7-0.

16. HEALTH AND HUMAN SERVICES DEPARTMENT

16(A) POSSIBLE ACTION REGARDING REPORT, DISCUSSION, AND POSSIBLE DIRECTION TO STAFF REGARDING THE DIRECTOR'S REPORT ON CARSON CITY HEALTH AND HUMAN SERVICES ("CCHHS") ACTIVITIES (9:37:51) - Chairperson Pintar introduced this item, and Health and Human Services Department Director Marena Works reviewed the Director's Report in conjunction with displayed slides. A copy of the report was provided for the record. Ms. Works responded to questions of clarification regarding various topics throughout the report.

Chairperson Pintar thanked Ms. Works for her report, and reminded the public that flu shots are available with the donation of two cans of food at the Health and Human Services Department every Thursday. She discussed the importance of hand washing "as we enter the flu season," and described the correct method. Discussion followed. At Mr. Werner's request, Ms. Works discussed the City's relationship with Health and Human Services Departments in adjacent counties.

Chairperson Pintar entertained a motion. **Member Abowd moved to accept the Director's Report and give direction to staff on Carson City Health and Human Services Activities. Member Aldean seconded the motion. Motion carried 7-0.**

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16(B) POSSIBLE ACTION TO ACCEPT THE REPORT AND PRESENTATION BY EMILY BROWN WITH THE NEVADA PUBLIC HEALTH FOUNDATION (9:58:16) - Chairperson Pintar introduced Nevada Public Health Foundation (“NPHF”) Performance Improvement Manager Emily Brown, and provided background information on the NPHF and an overview of Ms. Brown’s education and experience.

(9:59:26) Ms. Brown reviewed the agenda materials and narrated a PowerPoint presentation, a copy of which was provided for the record. In response to a question, she explained that the accreditation fee is designated by jurisdictional population. For Carson City, the fee will be approximately \$20,000 to \$21,000 for the five-year period. “... that can be split so you can pay a little bit higher portion the first year and then the rest of the fees ... split out over the four remaining years or you can pay it all up front.” In response to a further question, Ms. Brown advised that the standards in place upon application and receipt of accreditation will be the basis for reporting over the subsequent five-year period. Reaccreditation would be based on new standards. Ms. Brown acknowledged that feedback relative to sufficiency will be provided on the annual reports. In response to a further question, she advised that the State of Nevada and three counties are applying for accreditation.

Chairperson Pintar thanked Ms. Brown for her presentation. In reference to the governance and community health assessments completed just over a year ago, Chairperson Pintar advised that the participating representatives will be reconvened at the end of January. She entertained a motion to accept the report and presentation by Emily Brown. **Member Walt moved to accept the report and presentation by Emily Brown and give direction to staff to continue the accreditation activities. The motion was seconded and carried 5-0.**

16(C) POSSIBLE ACTION ON PRESENTATION AND TO ACCEPT THE DRAFT CARSON CITY COMMUNITY HEALTH IMPROVEMENT PLAN TO BE POSTED FOR PUBLIC COMMENT (10:19:17) - Chairperson Pintar introduced this item, and Ms. Works reviewed the agenda materials. Member Abowd expressed an interest in involving The Greenhouse Project in the priority entitled, “Get Healthy Carson City.” She inquired as to the possibility of obtaining statistical information from Carson-Tahoe Regional Medical Center relative to the homeless population and associated health issues. Chairperson Pintar advised that homeless health data “actually comes more through F.I.S.H. because ... the Ross Clinic is a resource that many of the homeless do ... know to use.” She explained that the method by which patient data is collected at Carson-Tahoe Regional Medical Center would give no indication as to the homeless population. Member Abowd inquired as to data relative to the population served for oral health needs. Chairperson Pintar advised that there is no statewide reporting of oral health issues, “and so a lot of the data that we know about is anecdotal. ... For example, we talk to Ron Wood, we talk to F.I.S.H., and they do surveys of their clients, what issues come up, and oral health always comes up. We’ve talked to the school nurses,” who indicate that oral health is a major issue among students. Chairperson Pintar advised that “hard numbers” are not available. “... anecdotally, in surveying and in talking to health professionals, oral health always comes up. We know that Carson City, numbers-wise, does not have enough dentists to serve the population that is not insured ... we know that there’s an inequality between availability and numbers of patients. So, all of those things factored together lead us to this conclusion.”

With regard to priority area, “Improving Access to Health Care and Mental Health,” Member Abowd noted that the School District is not listed as an engaged partner. In consideration of concern over the teenage

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suicide rate, she inquired as to the reason the School District is not involved. Chairperson Pintar anticipates the involvement of the School District. “The [list of] partners ... is not a full list. ... we anticipate adding other partners.” She advised that State resources are being considered relative to teenage suicide. “Senator Reid has a vested interest in teen suicide and in suicide in general, so we’re hoping to be able to pull some of those resources in as well as partners ...”

In consideration of diabetes as a health issue, Member Abowd inquired as to the possibility of more future emphasis on ethnic groups and their diets. Chairperson Pintar anticipates emphasizing nutrition. “At this stage of the game, we’re finding that educational efforts about screening for diabetes ... is a little bit more of a concern. We know that many diabetics are not identified ... and those end up having a lot of health problems. So, all of those aspects of diabetes we anticipate, including ... as we get better at one thing, we’ll be able to focus on others.” In consideration of the tobacco cessation program, Member Abowd noted that the hospitality, restaurant, and casino industries are “large offenders.” She inquired as to whether these groups will be engaged to try and promote the tobacco cessation program. Ms. Works advised that one of the next steps “is to reach out to some of the areas that we haven’t reached out.” Chairperson Pintar emphasized the importance of involving other groups besides “just the Health Department. And ... we may go to the Downtown Business Association and say, ‘You know, we have this tobacco cessation class. It works pretty well. Maybe your employees are interested in it. Maybe you could help fund it.’” She expressed excitement over the proposed plan as “the roadmap, but there’s lots of places and lots of people that we can get involved in this community.” She expressed the hope that, by doing so, the overall health and interest in health will be improved in the community.

With regard to the priority issue relative to oral health, Member Walt suggested engaging the preschools as partners. Ms. Works advised that a community meeting will be scheduled in the near future, including “a cross-section of all those entities, preschools and service clubs ... and what we’re going to specifically ask is for other groups to also take a role in helping us achieve this.” With regard to the issue of obesity, Member Walt discussed the importance of increasing the scheduled elementary school recess time. Chairperson Pintar advised that the School District has sent representatives to every meeting and that they have been very involved. She agreed with the importance of physical activity for elementary school students. She acknowledged that the School District efforts are “integral to the community health plan.” Member Walt suggested the possibility of involving parents as partners.

In response to a question, Chairperson Pintar explained that obesity is defined based on body mass index “and those are tracked along percentiles.” She further explained that the bell curve of weight for Americans has “shifted way over to the fat side.” She responded to additional questions of clarification, and discussion ensued. In consideration of the strategies, Chairperson Pintar acknowledged the “rather lofty” language, and advised that it is in the process of being tailored to a more specific, local objective. She advised of Open Space Property Manager Juan Guzman’s suggestion to incorporate the open space property maps. In response to a question, Ms. Brown advised that “dram shop” comments had been removed from the draft within the last couple days. Chairperson Pintar advised of the “overall intention to make it quite local specific. It’s not to say that we’re not interested in legislation or other sorts of things, but ... we would really like this to be a community health plan that members of the community are interested in, are participating in, and can see direct results.” Member Aldean requested the Carson City Regional Transportation Commission to be added as a partner to Community Issue K relative to pedestrian and bicycle safety and access.

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Chairperson Pintar entertained a motion. **Vice Chairperson Crowell moved to accept the draft Carson City Community Health Improvement Plan, with the changes in the most recent draft, and that the plan be made available for public viewing and comment, and presented to the Board for adoption. Member Walt seconded the motion. Motion carried 7-0.**

16(D) POSSIBLE ACTION TO ACCEPT A REPORT ON DONATIONS RECEIVED SINCE THE LAST BOARD OF HEALTH MEETING FOR ANIMAL SERVICES (10:43:44) - Chairperson Pintar introduced this item, and Ms. Works reviewed the agenda materials. She advised of having recently received an additional donation, in the amount of \$16,773.07, from the Estate of Arthur Mertzke. The donation was not specifically designated, and Ms. Works advised that it will be allocated to the general donation account, often used for animal care and sometimes used for other shelter needs. In response to a question, she reviewed the approximate figures in the general donation account.

In consideration of estate planning, Vice Chairperson Crowell discussed the importance of carefully directing donations. Chairperson Pintar entertained a motion. **Member Abowd moved to accept the donation report and give direction to staff to ensure accountability of the funds. Vice Chairperson Crowell seconded the motion. Motion carried 7-0.** Chairperson Pintar entertained public comment; however, none was forthcoming.

17. ACTION TO ADJOURN BOARD OF HEALTH (10:49:20) - A motion was made, seconded, and carried to adjourn the meeting at 10:49 a.m. Chairperson Pintar returned the gavel to Mayor Crowell, who passed the gavel to Redevelopment Authority Chairperson Shelly Aldean.

The Minutes of the September 15, 2011 Carson City Board of Health meeting are so approved this 1st day of December, 2011.

SUSAN PINTAR, Chair

ATTEST:

ALAN GLOVER, Clerk - Recorder