

**CARSON CITY BOARD OF HEALTH**  
**Minutes of the November 3, 2016 Meeting**

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**DRAFT**

A meeting of the Carson City Board of Health was held during the regularly scheduled Carson City Board of Supervisors meeting on Thursday, November 3, 2016, in the Community Center Sierra Room, 851 East William Street, Carson City, Nevada.

**PRESENT:** Chairperson Susan Pintar  
Vice Chairperson Robert Crowell  
Member Karen Abowd  
Member Brad Bonkowski  
Member Lori Bagwell  
Member Jim Shirk

**STAFF:** Nick Marano, City Manager  
Adriana Fralick, Chief Deputy District Attorney  
Cheryl Eggert, Deputy Clerk  
Kathleen King, Chief Deputy Clerk

**NOTE:** A recording of these proceedings, the board's agenda materials, and any written comments or documentation provided to the Clerk during the meeting are part of the public record. These materials are on file in the Clerk's Office, and available for review during regular business hours.

**15. CALL TO ORDER AND ROLL CALL (9:37:15)** - Chairperson Susan Pintar called the meeting to order at 9:37 a.m. Ms. King called the roll; a quorum was present. Member Furlong was absent. Member Shirk arrived at 10:03 a.m.

**16. PUBLIC COMMENT (9:38:30)** - Chairperson Pintar entertained public comment; however, none was forthcoming.

**17. POSSIBLE ACTION ON APPROVAL OF MINUTES - July 21, 2016 (9:38:39)** - Chairperson Pintar entertained a motion. **Member Abowd moved to approve the minutes, as presented. Member Bonkowski seconded the motion. Motion carried 5-0.**

**18. HEALTH AND HUMAN SERVICES DEPARTMENT**

**18(A) POSSIBLE ACTION TO APPROVE THE HEALTH OFFICER'S REPORT, WITH FEEDBACK AND DIRECTION FROM THE BOARD DISCUSSED AT THE MEETING INCORPORATED (9:38:58)** - Chairperson Pintar introduced this item, and advised that the meeting format had changed and that today's subject would be mental health in Carson City. Chairperson Pintar commended the Health Care Coalition meeting which took place a couple weeks ago. She reviewed the two-fold purpose of the Health Care Coalition: emergency preparedness among all public and private health care agencies and collaboration and networking. She advised that the next meeting of the Sexual Assault Response Team ("SART") is scheduled for next week. She encouraged anyone with concerns to contact a member of the SART. She thanked everyone who participated in the recent Community Health Needs Assessment. "The next step will be to update our Community Health Improvement Plan so that we can talk about more things like ... mental health." (9:41:29) Chairperson Pintar entertained a motion to approve the Health Officer's Report. **Member Bonkowski moved to accept the Health Officer's report. Member Bagwell seconded the motion.**

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<b>RESULT:</b>	<b>Approved [5 - 0 - 2]</b>
<b>MOVER:</b>	<b>Member Brad Bonkowski</b>
<b>SECOND:</b>	<b>Member Lori Bagwell</b>
<b>AYES:</b>	<b>Members Bonkowski, Bagwell, Abowd, Vice Chair Crowell, Chair Pintar</b>
<b>NAYS:</b>	<b>None</b>
<b>ABSENT:</b>	<b>Members Furlong and Shirk</b>
<b>ABSTAIN:</b>	<b>None</b>

**18(B) DISCUSSION WITH REPRESENTATIVES OF CARSON CITY ORGANIZATIONS THAT HAVE VARIOUS ACTIVITIES OR INITIATIVES IN ORDER TO ADDRESS THE MENTAL HEALTH SITUATION IN CARSON CITY (9:41:16)** - Chairperson Pintar introduced this item. (9:41:58) Chairperson Pintar narrated a PowerPoint presentation, copies of which were distributed to the Board members, the Clerk, and made available to the public, prior to the start of the meeting. Chairperson Pintar responded to questions of clarification, and discussion ensued regarding statistical information.

(9:50:22) Chairperson Pintar invited Carson City / Douglas County Sheriff's Office Forensic Health Services Director Dr. Joseph McEllistrom to the meeting table. Dr. McEllistrom provided background information and an overview of the Forensic Assessment Services Team. (9:54:47) Bekah Bock provided background information and an overview of the Mobile Outreach Safety Team ("MOST"). An unidentified Sheriff's deputy discussed his involvement as a team member. Dr. McEllistrom discussed the Assisted Outpatient Treatment Program. (10:00:40) Carson-Tahoe Health Regional Behavioral Health Coordinator Jessica Flood discussed the Stepping Up Initiative.

(10:03:22) Member Shirk arrived at 10:03 a.m., and announced the birth of his grandson, Marshall James Jax, born at 8:39 a.m. and weighing 7 lbs., 3 ozs. The Board members, City staff, and citizens present applauded.

(10:04:36) Chairperson Pintar invited Josée Perrine to the meeting table. Ms. Perrine distributed an informational brochure to the Board members and the Clerk from Sierra Counseling and Neurotherapy. Ms. Perrine thanked the board for the opportunity to testify, and reviewed the informational brochure. In response to a question, she discussed gaps in service. Chairperson Pintar thanked Ms. Perrine for her attendance and participation. Chairperson Pintar advised that the Juvenile Justice Assessment Services Triage Team is in the process of being assembled.

(10:13:15) Carson-Tahoe Health Social Worker Joan Goddard discussed the community coalition created to address "the high utilizers of EMS, the Sheriff's Department, and the ER for ... mental health issues." Carson-Tahoe Hospital Transition Care Case Manager Caroline Longray provided additional detail. Ms. Goddard and Ms. Longray responded to questions of clarification.

(10:19:19) Representatives of Cornerstone Counseling Center described available services.

(10:28:10) Carson City School District Superintendent Richard Stokes described a program, funded by a State grant, to contract with 16 licensed social workers to serve in the Carson City School District. Mr. Stokes responded to questions of clarification. Chairperson Pintar thanked Mr. Stokes.

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(10:34:50) Dee Raymond, representing Carson Counseling and Supportive Services, distributed informational materials to the Board members and the Clerk, reviewed the same, and responded to questions of clarification.

(10:38:15) LCSW Jim Freeland, representing Sierra Health Center, provided background information on available programs and responded to questions.

Chairperson Pintar provided an overview of the National Alliance for Mental Illness.

(10:41:39) Serenity Mental Health Director Genevieve Ramos distributed informational materials, and reviewed the same. Ms. Ramos advised that she serves as a member of the Life Change Center Board of Directors, and reviewed informational materials. She responded to questions of clarification.

(10:55:46) Nevada Equine Assisted Therapy Co-Founder Lori Roberts distributed informational materials, and reviewed the same.

(10:59:22) Christina Pope, representing the West Side Center, provided an overview of available programs.

(11:02:07) CASA Director Chris Bayer read a prepared statement into the record which provided an overview of CASA's mission. Mr. Bayer responded to questions of clarification, and discussion ensued.

At Chairperson Pintar's request, Ms. Aaker reviewed identified gaps in service. Discussion followed. Chairperson Pintar entertained public comment; however, none was forthcoming.

**18(C) POSSIBLE ACTION TO APPROVE THE FOLLOWING 2017 BOARD OF HEALTH MEETINGS IN CONJUNCTION WITH REGULAR BOARD OF SUPERVISORS MEETING DATES - JANUARY 5<sup>TH</sup>, MARCH 16<sup>TH</sup>, MAY 18<sup>TH</sup>, SEPTEMBER 21<sup>ST</sup>, AND NOVEMBER 16<sup>TH</sup>**

(11:21:35) - Chairperson Pintar introduced this item, and entertained discussion. Ms. Aaker responded to questions of clarification, and Chairperson Pintar entertained a motion. **Vice Chairperson Crowell moved to adopt the proposed meeting dates. Member Abowd seconded the motion.** Chairperson Pintar called for a vote on the pending motion.

<b>RESULT:</b>	<b>Approved [6 - 0 - 1]</b>
<b>MOVER:</b>	<b>Vice Chair Robert Crowell</b>
<b>SECOND:</b>	<b>Member Karen Abowd</b>
<b>AYES:</b>	<b>Vice Chair Crowell, Members Abowd, Bonkowski, Bagwell, Shirk, Chair Pintar</b>
<b>NAYS:</b>	<b>None</b>
<b>ABSENT:</b>	<b>Member Furlong</b>
<b>ABSTAIN:</b>	<b>None</b>

**19. PUBLIC COMMENT** (11:22:50) - Chairperson Pintar entertained public comment; however, none was forthcoming.

**20. ACTION TO ADJOURN** (11:23:04) - Chairperson Pintar adjourned the meeting at 11:23 a.m.

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The Minutes of the November 3, 2016 Carson City Board of Health meeting are so approved this \_\_\_\_\_ day of January, 2017.

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SUSAN PINTAR, M.D., Chair

ATTEST:

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SUSAN MERRIWETHER, Clerk - Recorder