

# PROCLAMATION

## Nevada Moves Day Proclamation

March 2017

**WHEREAS**, encouraging children and youth to travel to school by foot or bicycle develops lifelong habits around health and safety; and

**WHEREAS**, the benefits related to physical activity like walking and bicycling play a critical role in reducing rates of obesity related health problems among children; and

**WHEREAS**, children walking and bicycling to school together with parents and caregivers offers opportunities to mentor children about pedestrian and bicycle safety; and

**WHEREAS**, adequate physical activity has been shown to lead to improvement children's behavior and academic achievement; and

**WHEREAS**, active transportation modes, like walking and bicycling have a positive impact on both the environment and a community's sense of place; and

**WHEREAS**, children, parents and community leaders around Nevada are joining together to walk and bicycle to school on "Nevada Moves Day", on March 15, 2017;

**THEREFORE, I**, Robert Crowell, Mayor of Carson City, Nevada do hereby proclaim, Wednesday, March 15, 2017 as "Nevada Moves Day" in Carson City and encourage citizens to be active and to walk or bicycle their children to school while celebrating the benefits of increased safety and health, this day and throughout the year.



Dated this 2<sup>nd</sup> day of March, 2017

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Robert L. Crowell, Mayor